



CREIGHTON'S TAEKWON-DO

UNDER THE LEADERSHIP OF GRAND MASTER S. CREIGHTON – IX DAN

850 Tapscott Rd, Scarborough, ON M1X 1N4

Tel: (416) 409-4327

<http://creightonstaekwon-do.com>



TEST APPLICATION FORM

LAST NAME		FIRST NAME	
ADDRESS			
PHONE NUMBER	AGE	SEX	INSTRUCTOR NAME

TEST FORM TO BE HANDED IN WITH PAYMENT TO INSTRUCTOR BEFORE TEST DATE

TIME:	TESTING DATE: MONTH: _____ DAY: _____ YEAR: _____
Testing location:	

I hereby submit my application to be tested at Woodbridge Taekwon-Do Group. I hereby waive any claims against any persons connected with the test for any injuries. I may sustain and likewise assume full responsibility for all my actions in connection with said test. I also agree and understand that the test fee is not refundable. I also agree to accept the final grade I receive as a result of my test.

PRESENT BELT LEVEL: Little Dragon Red Stripe	TEST FEE: \$39.82	+HST \$5.18	=\$45.00
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STUDENT SIGNATURE	PARENT SIGNATURE (if student is under 18 years old)
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REQUIREMENTS	A	B	C
Bow when entering and leaving the Do-Jang/ training area.			
Say "Taekwon" when bowing to all Instructors.			
Say "Ne Sabonim" and "Aniyo Sabonim" to all black belts when answering any questions.			
Perform attention stance.			
Perform parallel ready stance.			
Name of all the Instructors.			
Make a proper fist and perform a left and right front punch in a stationary position .			
Perform a left and right punch in a spot position . "For spot technique you must start from a parallel ready stance" .			
Perform a left and right walking stance wedging block in a stationary position with the right and left leg.			
Perform a left and right walking stance wedging block in a spot position .			
Walking stance punch forward and backward.			
Walking stance wedging block, moving forward and backwards.			
Turn around from a walking stance while performing a walking stance wedging block.			
Walking stance wedging block, performing a front snap kick in a stationary position (left and right side).			
Walking stance wedging block, performing a front snap kick in a spot position (left and right side).			
Walking stance wedging block performing a front snap kick by moving forward.			
Turn around from a walking stance wedging block (left and right leg).			
Walking stance wedging block performing a front snap kick by going the other direction.			

REQUIREMENTS	A	B	C
Turn Around and fix your Dobok/Uniform.			
Walking stance low block in a stationary position (left and right side).			
Walking stance low block in a spot position (left and right side).			
Walking stance low block forward and backwards.			
Walking stance low block forward, turn around and do the same in the other direction.			
Change direction from a sitting stance while performing a wedging block.			
Sitting stance wedging block forward and backwards.			
Sitting stance wedging block, performing a side kick with left and right leg and moving forward and backward.			
Sitting stance wedging block, performing a turning kick with left and right leg.			
Walking stance inner forearm middle side block in a stationary position (left and right side).			
Walking stance inner forearm middle side block in a spot position (left and right side).			
Walking stance inner forearm guarding block forward and backwards.			
What is the meaning of "four directional punch".			
What is the meaning of "four directional block".			
How many movements are in four directional punch.			
How many movements are in four directional block.			
Perform four directional punch one side only.			
Perform four directional block one side only.			

GENERAL COMMENTS
FINAL RESULT: P F